

SW020 BREAKOUT: SPENCER DAVIS

SNOWBIRD WILDERNESS OUTFITTERS

MAKING WISE CHOICES

“EVERY TIME YOU MAKE A CHOICE YOU ARE TURNING THE CENTRAL PART OF YOU, THAT PART OF YOU THAT CHOOSES, INTO SOMETHING A LITTLE DIFFERENT THAN IT WAS BEFORE.”

C.S. Lewis

SOME CHOICES DON'T HAVE A MORAL COMPONENT

- ▶ Red Shirt or Blue shirt?



SOME CHOICES DO HAVE A MORAL COMPONENT

- ▶ ...This shirt or THAT shirt



ROMANS 6:16-19

- ▶ "Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God, that you who were once slaves of sin have become obedient from the heart to the standard of teaching to which you were committed, and, having been set free from sin, have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once presented your members as slaves to impurity and to lawlessness leading to more lawlessness, so now present your members as slaves to righteousness leading to sanctification."

I TIMOTHY 4:7-8

- ▶ “Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come.”

EVERY DAY, WE ARE TRAINING OURSELVES FOR:

- ▶ Purity or lustfulness
- ▶ Truth or lying
- ▶ Humility or pride
- ▶ Kindness or meanness
- ▶ ...and much more

**“WILLPOWER IS A MUSCLE THAT
FATIGUES AND EVENTUALLY RUNS
OUT.”**

Charles Duhigg

EPHESIANS 4:22-24

▶ "...to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self..."

GALATIANS 5:16-17

- ▶ “But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.”

GALATIANS 6:7-9

- ▶ “Do not be deceived: God is not mocked, for whatever one sows, that will he also reap. For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life. And let us not grow weary of doing good, for in due season we will reap, if we do not give up.”

4 STEPS FOR MAKING WISE CHOICES

- ▶ 1. Think - Is this mentioned in the Word?
 - ▶ Should I date a non-believer?
 - ▶ How should I respond to this conflict?

- ▶ 2. Seek Wise Counsel
 - ▶ Prov. 15:22 - "Without counsel plans fail, but with many advisers they succeed.
 - ▶ You need perspective.

- ▶ 3. Pay attention to your desires and values.
 - ▶ Our desires drive our actions

- ▶ 4. Use Wisdom
 - ▶ Knowledge applied

MAKING WISE CHOICES: PRACTICE

- ▶ Game of Thrones, the Bachelor, or American Ninja Warrior?



- ▶ 1. Is this mentioned in the Word?
- ▶ 2. Seek wise counsel
- ▶ 3. Pay attention to your desires
- ▶ 4. Use wisdom

“GOD DOESN’T COMFORT US BY SHOWING US THE FUTURE, BUT BY SHOWING US HIMSELF.”

Tim Challies

3 THINGS TO KEEP IN MIND IN THE BIG DECISIONS:

- ▶ 1. Ask - "How can this decision maximize Christ and the Gospel?"
- ▶ 2. Do the most obedient thing.
- ▶ 3. Accept uncertainty.